Irrigation Syringe Instructions



Keeping the wound clean

After your wisdom tooth has been removed, a small cavity may remain in your jaw where the root used to be. It is important to keep this cavity clean to allow proper healing. The best way to do this is by flushing the wound with a syringe.

When should you rinse the wound?

You should rinse the wound if:

- Food has entered the wound
- You experience a bad taste in your mouth
 - this may occur a few days after your wisdom tooth is removed
- **Important:** Do *not* start rinsing immediately after the tooth has been removed. You may begin rinsing **1 day after** the procedure.

How to rinse the wound

Use a clean plastic syringe to flush the wound. Fill a glass with lukewarm tap water and draw the water into the syringe. Place the tip of the syringe gently into the cavity where the wisdom tooth was and flush carefully. You may also use a saltwater solution (1 liter of water with 1 teaspoon of salt).



How often should you rinse?

2 to 3 times per day, especially after main meals and always before going to bed. You should flush the wound **twice in a row** each time you do it.