# **Instructions for Using the Rinsing Syringe**

# Keeping the wound clean

After the removal of your wisdom tooth, a small cavity may remain in your jaw. This is the area where the root of the tooth was located. It is important to keep this cavity clean to promote proper healing. The best way to do this is by flushing the wound from the inside using a syringe.

## When should you flush the wound?

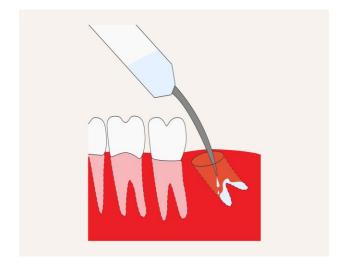
You should flush the wound if:

- Food has entered the wound
- You experience a bad taste in your mouth (this may occur a few days after the extraction)

**Please note:** Do **not** begin flushing immediately after the extraction. You may start **one day after the procedure**.

## How do you flush the wound?

You can flush the wound using a clean plastic syringe. Fill a glass with lukewarm tap water and draw the water into the syringe. Then place the tip of the syringe into the cavity where your wisdom tooth was and gently flush the area. You may also rinse with a saltwater solution (1 liter of water with 1 teaspoon of salt).



## How often should you flush?

2 to 3 times per day, especially after main meals and always before bedtime. Each time, you should flush the wound **twice in a row**.